


Trip Doctor

by Mimi Lombardo
Fashion Director

 Packing is rarely easy—we're here to help. Send your question to tripdoctor@aexp.com.

PACKING

Q: I'm spending a week in Spain. I need sneakers for exercise and comfy shoes for sightseeing and going out, but can't check bags. My Spanish mother-in-law is horrified when I look like a tourist. Help! —KATRINA LEVY, RIVERSIDE, CONN.

A: The key to blending in with the locals in Spain is to keep your workout clothes in the gym and step up the classics. You can't go wrong with ballet flats and a trench; you'll look pulled together in any situation. In fact, these wardrobe staples are stylish in almost every destination.

Sneakers



Neoprene shoes pack flat and have hidden laces for a sleek appearance. Barefoot technology also makes for efficient running (Merrell, \$110).

All-Around Trench



Hunter Boot, the company that made wellies hip, recently introduced this perfectly proportioned coated-cotton trench. It will be the centerpiece of your travel arsenal (Hunter Boot, \$425).

Basics



A crew-neck T-shirt and stretch leggings are the perfect underpinnings. Dress them up with accessories for an easy night out (Vince, \$95 and \$235).

Knit Blazer



This cashmere cable knit looks tailored like a blazer but wears like a comfortable sweater. (Autumn Cashmere, \$418).

Leather Flats



From left: Lightweight loafer with Nike AIR sole (Cole Haan, \$178); breathable and water-repellent soft-soled flat (Geox, \$135). See Buyer's Guide, page 182

STYLIST: RICHIE OWINGS/HALLEY RESOURCES; FASHION MARKET ASSISTANT: COURTNEY KENEFFICK