


Trip Doctor

by Mimi Lombardo
Fashion Director

 Packing is rarely easy—we're here to help. Send your question to travelandleisure.com/tripdoctor.

PACKING

Q: I'm going on a three-week cruise to southern China, Cambodia, and Vietnam, with a side trip to Thailand. Unfortunately, it's rainy season. What should I bring?

—SCOTT KOUFAX, NORTHRIDGE, CALIF.

A: Three weeks is a substantial chunk of time—luckily, there are few luggage limitations on cruises. Keep mobility to the max by bringing dual-use items: wrinkle-resistant clothes for city sojourns and waterproof options for offshore adventures. These nine items will make for especially smooth sailing.

Low-Maintenance



STRAIGHT-LEG PANTS

Not your father's baggy chinos; creases fall out easily after hanging (*Bonobos*, \$98).



QUICK-DRY SHIRT

Rinse in the sink, and you'll be good to go by morning. Another perk? It's wrinkle-free (*ExOfficio*, \$60).



HYBRID BOARD SHORTS

Removable compression briefs wick moisture and prevent chafing (*DryDudz*, \$95).

Extra-Portable



LIGHTWEIGHT CARRY-ON

Just under six pounds, with padded grip handles and a foldaway shoe bag (*Crumpler*, \$220).



PACK-FLAT SHADES

Swiveling arms allow these to slip easily into your bag or top pocket (*Götti Switzerland*, \$310).



PACKING POUCHES

Clothes go in the extra-large and large, toiletries in the medium (*Tumi*, from \$35).

Weatherproof



RUBBER-AND-LEATHER BROGUES

A pair of these will hold up to sudden rains and are dressy enough for dinner (*Swims*, \$229).



SPORTS WATCH

Water-resistant to 160 feet, with two time zones and a pedometer to track your steps (*Gucci*, \$1,550).



BOMBER JACKET

Made of drizzle-repellent nylon, with a hidden hood and pockets (*Nautica*, \$128).

PHOTOGRAPHED BY JOHN LAWTON. STYLIST: RICHIE OWINGS/HALLEY RESOURCES. PANTS, SUNGLASSES, AND JACKET: DAVID ALEXANDER ARNOLD; WATCH: COURTESY OF GUCCI