


# Trip Doctor

by Mimi Lombardo  
Fashion Director

 Packing is rarely easy—we're here to help. Send your question to [tripdoctor@aexp.com](mailto:tripdoctor@aexp.com).

## PACKING

### Q: What do I bring on a work trip that will also include Arizona hikes and Vegas nightlife?

—JOCELYN ANDERSON, BRONXVILLE, N.Y.

**A:** Complex travel plans can make packing daunting. Tone down the headache by bringing business clothes that can transition into an evening look, and vice versa. Unfortunately, hiking has its own distinct needs (but is well worth the hassle, especially after a hectic assignment). Choose from these items for the boardroom, the backcountry, and the Strip.

#### Business



A knit shirtdress is a career staple, and easily rolls for packing (*Banana Republic*, \$98). Animal-print loafers with subtle side-sparkle are surprisingly versatile (*Vince Camuto*, \$98).

#### Hiking



Featherweight goose down keeps you warm on the trails and on a chilly airplane (*Eddie Bauer*, \$99). These hiking shoes weigh in at just under one pound each; Gore-Tex uppers provide breathability (*Vasque*, \$170).

#### Nightlife



This black-and-white boatneck top goes with everything from skinny jeans to trousers (*Ann Taylor*, \$68). Bump up your pretty factor with a geometric statement necklace (*Kara by Kara Ross*, \$450).

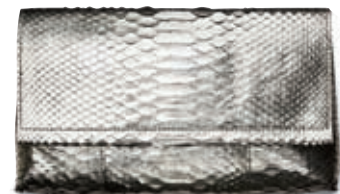
#### And if you have room...



Want to look as fierce in a meeting as you do at the club? This tweed jacket with buttery-soft leather sleeves does the trick (*Rebecca Taylor*, \$650).



Nothing against trekking in jeans, but nylon pants are durable and quick-drying. Plus, if it gets hot, you can transform them into capris (*The North Face*, \$70).



When night falls, pull out this python-skin clutch and—*presto!*—you're party-ready (*B. May Bags*, \$595).